



Alameda Alliance for Health

1240 South Loop Road
Alameda, CA 94502

Alliance Health Programs

Phone Number: **1.510.747.4577**

Toll-Free: **1.877.932.2738**

People with hearing and speaking impairments

(CRS/TTY): **711/1.800.735.2929**

livehealthy@alamedaalliance.org

www.alamedaalliance.org

Dear Member,

At Alameda Alliance for Health (Alliance), we are here to be your partner in health.

Thank you for your recent interest in **adult or infant CPR/First Aid** classes. Listed below are some classes to choose from. They are **no cost** to you as an Alliance member.

Anna Griffin, CPR

Berkeley

Classes held one Sunday a month

1 pm – 3:30 pm

Infant and Child CPR for family & caregivers.

Classes offered in English and Spanish.

The Loss Prevention Group

524 7th St. (Close to 19th St. BART), Oakland

Classes held on Wednesdays and Fridays

Adult and Infant CPR: 9 am – 12 pm

First Aid: 1 pm – 4 pm

To sign up for either classes, please call Alliance Health Programs at **1.510.747.4577**. If you leave a message, please include your name, Alliance member ID number, and your choice of location. For The Loss Prevention Group classes in Oakland, please request 2 Wednesday class date options.

To find out if your class offers interpreting services, or to make a request, please call the Alliance Member Services Department at **1.510.747.4567**. We hope these classes will help meet your health needs.

Best of health,
Alliance Health Programs